



MEXICAN BREAKFAST SOUP

Serves 4

- 4 cups bone broth
- 2 cups cooked brown rice
- 2 cups cooked chicken
- 1 heaping teaspoon chipotle seasoning (or any mexican spice)
- 2 avocados, diced
- 1 small handful cilantro, chopped
- 2 green onions chopped
- salt to taste
- lime wedges for garnish

Heat the broth in a pot over medium heat, add rice, chicken and chipotle spice and heat through.

Ladle into bowls and top with cilantro, green onions and avocado.

- * You can buy pre-cooked rice in the freezer section
- * A rotisserie chicken works great in a pinch

Enjoy!